# COVID-19
## CORONAVIRUS DISEASE 2019

## KNOW THE SYMPTOMS

Patients with COVID-19 have experienced mild to severe respiratory illness. Symptoms may appear 2 to 14 days after exposure and include the following:

**COUGH**  **FEVER**  **BODY ACHES**  **SORE THROAT**

## WHAT YOU CAN DO TO HELP

### WASH YOUR HANDS
Wash with soap and water for at least 20 seconds. If not available, use an alcohol-based hand sanitizer
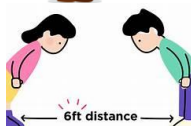
### DON'T TOUCH YOUR FACE
Avoid touching your eyes, nose, and mouth.

### COVER WHEN COUGHING OR SNEEZING
Cover your mouth and nose with a tissue or the crook of your elbow when coughing or sneezing.

### DISTANCE YOURSELF
Stay away from others. If In-person meetings are needed, limit the size of groups to 10 people or less & lessen the duration. **Maintain a 6ft. minimum distance.**

### AVOID TRAVEL
Avoid unnecessary travel, especially if you feel sick.

## ADITIONAL CDC INFORMATION

Pull out your phone and open your camera app and scan QR code to learn more about the CDC recommendations.

**Note:** Make sure QR scanning is enabled on your settings in your phone. Some older phones may require you to download QR reader app.

## ABOUT STREET OUTREACH NETWORK S.O.N

Pull out your phone and open your camera app and scan QR code to learn more about Street Outreach Network (S.O.N).

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